

# PALM APPAREL SIZE CHARTS 2007

## UNISEX APPAREL SIZE

	XS		S		M		L		XL		XXL	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
CHEST	32 - 34	81 - 86	35 - 38	91 - 97	39 - 41	99 - 104	42 - 44	107 - 112	45 - 46	114 - 117	47 - 48	119 - 122
WAIST	26 - 29	66 - 74	30 - 32	76 - 82	33 - 35	84 - 89	36 - 38	91 - 97	39 - 40	99 - 102	41 - 42	104 - 107
INSIDE LEG	28	71	29	74	30	76	32	79	33	81	34	83
CONTINENTAL SIZE	42		44		46/48		50/52		54		56	
WOMENS	8		10 - 12		12 - 14		14 - 16		16 - 18		-	

## UNISEX PFD SIZE

	YOUTH		XS		S		M		L		XL		XXL	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
CHEST	26 - 30	66 - 76	32 - 34	81 - 86	36 - 38	91 - 97	39 - 41	99 - 104	42 - 44	107 - 112	45 - 46	114 - 117	47 - 48	119 - 122
WEIGHT	lbs	KG	lbs	KG	lbs	KG	lbs	KG	lbs	KG	lbs	KG	lbs	KG
	66 - 74	30 - 40	66 - 88	35 - 50	110 - 135	50 - 70	84 - 89	33 - 35	91 - 97	36 - 38	99 - 102	39 - 40	104 - 107	41 - 42

## MENS WETSUIT SIZE

	XS		S		S/M		M		M/L		L		XL		XXL	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
HEIGHT	5'2" - 5'3"	158 - 160	5'4" - 5'6"	160 - 168	5'6" - 5'8"	168 - 173	5'8"	173	5'9"	175	5'10"	178	6' - 6'2"	183 - 188	6'2" - 6'4"	188 - 193
CHEST	32 - 34	81 - 86	34 - 36	86 - 91	36 - 38	91 - 97	38 - 40	97 - 102	40 - 42	102 - 107	42 - 44	107 - 112	44 - 46	112 - 117	46 - 48	117 - 122
WAIST	26 - 27	66 - 69	27 - 29	69 - 74	29 - 31	74 - 79	31 - 32	79 - 81	32 - 33	81 - 84	33 - 35	84 - 89	35 - 37	89 - 94	37 - 39	94 - 99
HIPS	30 - 32	76 - 81	32 - 34	81 - 86	34 - 36	86 - 91	36 - 38	91 - 97	38 - 40	97 - 102	40 - 42	102 - 107	42 - 44	107 - 112	44 - 46	112 - 117
CONTINENTAL SIZE	42		44		44-46		46-48		48-50		50-52		54		56	

## WOMENS WETSUIT SIZE

	SIZE 8		SIZE 10		SIZE 12		SIZE 14		SIZE 16	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
HEIGHT	5' - 5'2"	152 - 157	5'2" - 5'4"	157 - 163	5'4" - 5'6"	163 - 168	5'6" - 5'7"	168 - 170	5'7" - 5'8"	170 - 173
CHEST	30 - 32	76 - 81	32 - 34	81 - 86	34 - 36	86 - 91	36 - 38	91 - 97	38 - 40	97 - 102
WAIST	22 - 24	56 - 61	24 - 26	61 - 66	26 - 28	66 - 71	28 - 30	71 - 76	30 - 32	76 - 81
HIPS	32 - 34	81 - 86	34 - 36	86 - 91	36 - 38	91 - 97	38 - 40	97 - 102	40 - 42	102 - 107
CONTINENTAL SIZE	36		38		40		42		44	

## JUNIOR WETSUIT SIZE

	S (5 - 6 Yrs)		M (7 - 8 Yrs)		L (9 - 10 Yrs)		XL (11 - 12 Yrs)		XXL (13 - 14 Yrs)	
	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM
HEIGHT	4'	122	4'4"	132	4'8"	142	5'	152	5'4"	162
CHEST	24	61	26	66	28	71	30	76	32	81
WAIST	19	48	21	63	23	58	25	63	27	68
HIPS	26	66	28	71	30	76	32	81	32	81
INSIDE LEG	18	46	21	53	24	61	27	69	27	69

## NEOPRENE FOOTWEAR

	XS	S		M		L		XL	
UK SIZE	4	5	6	7	8	9	10	11	12
US SIZE	5	6	7	8	9	10	11	12	13
CONTINENTAL SIZE	36	38	39	40	42	43	44	46	47